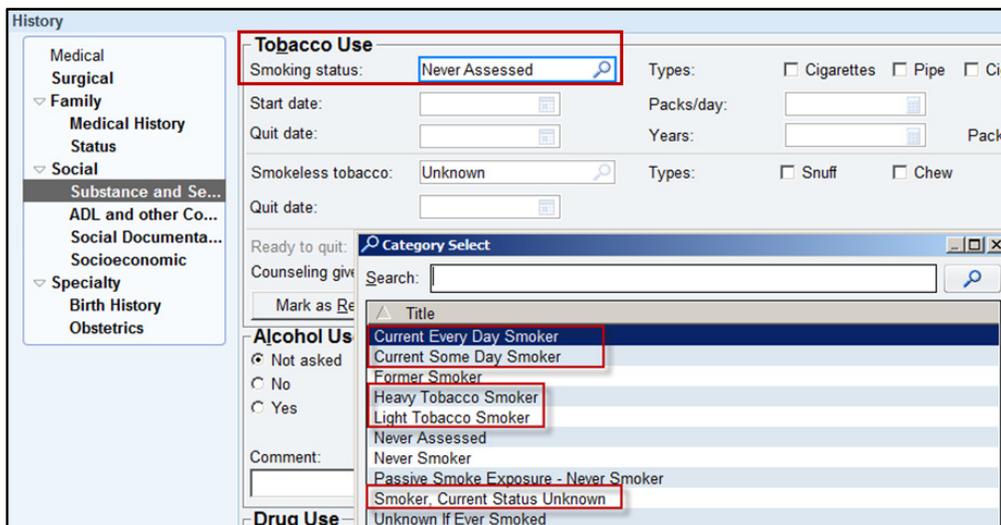




Effective November 10, 2015, **Inpatient (IP) Tobacco Cessation OrderSets** containing sections for counseling, medications, and referrals will automatically appear on **Admission OrderSets** and **Discharge OrderSets**. The IP Tobacco Cessation OrderSets are linked to **Smoking status – Current** categories in the patient’s **Social History - Substance** section. If **Smoking status – Passive Smoker** is selected, the medication ordering options for the patient are not available.

### SOCIAL HISTORY - SUBSTANCE:

Select any **Smoking status** that reflects the patient’s current smoking habit. If Current Smoker status is not documented before Admission OrderSets are entered, enter “Smoking” under orders to find the IP Tobacco Cessation OrderSet.

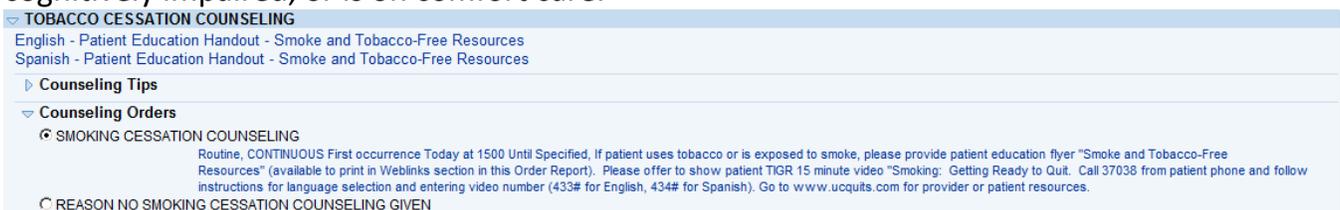


*Social History –Substance and Sexual*

### ADMISSION ORDER SET

#### Advise about Smoking:

The default option is for nursing to provide **Smoking Cessation Counseling** by offering a 3-page patient education flyer and the 15-minute TIGR smoking cessation video. A **Counseling Tips** section is available for sample provider advice. Open the **Reason No Smoking Cessation Counseling Given** order and hyperlink to select a prompt that the patient refused counseling, is cognitively impaired, or is on comfort care.



*Tobacco Cessation Counseling Order*

# IP Tobacco Cessation OrderSet

## Assist with Medications (during hospital stay):

Whether or not a patient is ready to quit, the **Tobacco Cessation Medication Orders** will help relieve nicotine withdrawal symptoms during the hospital stay. This list shows what is available on hospital formulary and categorized by smoking intensity; bupropion may also be ordered but typically requires an adjustment period. A **Prescribing Tips** section offers guidance and more detailed prescription information in a **Medication Reference Handout**. Open the **Reason No Smoking Cessation Meds Given** order and hyperlink to select a prompt that the patient refused medications or has contraindications.

Medications for Heavy Smokers (more than 10 cigarettes daily)  
**Please select the Nicotine Patch and one additional medication (gum or lozenge)**

Nicotine 21 mg/day Patch  
 Nicotine (NICODERM CQ) 21 mg/24 hr Patch 1 patch  
1 patch, Transdermal, EVERY 24 HOURS NOW, First Dose Today at 1600, Until Discontinued  
If home Nicotine patch in place, it must be removed upon admission; Contact Pharmacy to enter Nicotine Patch Removal order if not ordered; Upon change of nurse and/or t

Nicotine patch REMOVAL 1 patch  
Use to document all patch removals including home patch removal; Home patch must be removed upon admission; Remove the old Nicotine Patch before applying a new on

Nicotine Gum or Lozenge (Choose one medication)  
 Nicotine (NICORETTE) 2 mg Gum  
1-2 each, ORAL, EVERY 1 HOUR IF NEEDED, urge to smoke, nicotine craving

Nicotine (NICORETTE) 2 mg Lozenge  
1-2 lozenge, ORAL, EVERY 1 HOUR IF NEEDED, urge to smoke, nicotine craving, Park in cheek for 30 minutes; Allow to dissolve slowly in mouth; Do not chew or swallow

Medications for Light Smokers (between 5 to 10 cigarettes daily)  
 Nicotine 14 mg/day Patch  
 Nicotine 7 mg/day Patch  
 Nicotine (NICORETTE) 2 mg Gum  
1-2 each, ORAL, EVERY 1 HOUR

Nicotine (NICORETTE) 2 mg Lozenge  
1-2 lozenge, ORAL, EVERY 1 HOUR, Park in cheek for 30 minutes; Allow to dissolve slowly in mouth; Do not chew or swallow

Medications for Low-level Smokers (less than 5 cigarettes daily)  
 Nicotine (NICORETTE) 2 mg Gum  
1-2 each, ORAL, EVERY 1 HOUR IF NEEDED, urge to smoke, nicotine craving

Nicotine (NICORETTE) 2 mg Lozenge  
1-2 lozenge, ORAL, EVERY 1 HOUR IF NEEDED, urge to smoke, nicotine craving, Park in cheek for 30 minutes; Allow to dissolve slowly in mouth; Do not chew or swallow

**Reason No Smoking Cessation Medications Given**  
 REASON NO SMOKING CESSATION MEDS GIVEN

*Tobacco Cessation Medication Orders (during hospital stay)*

## DISCHARGE ORDER SET

### Assist with Medications (at discharge):

At discharge, the **Tobacco Cessation Medication Orders** list all 7 Food and Drug Administration-approved medications available as an outpatient and are categorized by smoking intensity. A **Prescribing Tips** section offers guidance and more detailed prescription information in a **Medication Reference Handout**. Open the **Reason No Smoking Cessation Meds Given** order and hyperlink to select a prompt that the patient refused medications or has contraindications.

Discharge Order Set

PATIENT CARE ORDERS

Communications

DISCHARGE PATIENT  
 REMOVE FOLEY CATHETER  
 VOID BEFORE DISCHARGE  
 DISCONTINUE IV

Now

TOBACCO CESSATION MEDICATIONS

Medication Reference Handout  
Nicotine Prescription Form for Household Smokers

Prescribing Tips:

Monotherapy for Heavy Smokers (more than 10 cigarettes daily)	0 of 8 selected
Combination Nicotine Replacement Therapy for Heavy Smokers (more than 10 cigarettes daily)	0 of 2 selected
Monotherapy for Light Smokers (between 5 to 10 cigarettes daily)	0 of 6 selected
Monotherapy for Low-level Smokers (less than 5 cigarettes daily)	0 of 2 selected

Reason No Medication Ordered

REASON NO SMOKING CESSATION MEDS GIVEN

*Tobacco Cessation Medication Orders (at discharge)*

# IP Tobacco Cessation OrderSet

## Arrange Referrals:

At discharge, free telephone or in-person counseling support is important for patients to stay smoke-free when they return home. The **Follow-Up Tips** section explains the referral options. The hyperlink to **UC Quits Patient Flyers and Resources**, for example, allows you to print quitline flyers in the language lines offered (Spanish, Chinese, Vietnamese, Korean), or find online resources. Open the **Reason No Smoking Cessation Referral Ordered** order and hyperlink to select a prompt that the patient refused referral or document other reasons.

TOBACCO CESSATION FOLLOW UP AND REFERRALS

- UC Quits Patient Flyers and Resources
- Quit Tobacco Resources Class Schedule
- Follow-Up Tips
  - Referrals
    - SMOKING CESSATION - QUITLINE
    - SMOKING CESSATION - 2 hr WORKSHOP
    - SMOKING CESSATION - 8 Class SToP series (UCDHS PCP required)
  - Reason No Referral Ordered
    - REASON NO SMOKING CESSATION REFERRAL ORDERED

DISCHARGE INSTRUCTION

- Physician Discharge Notes/Orders/ Patient Instructions
  - DISCHARGE NOTE  
Reason for Admission: \*\*\* Outcome of hospitalization including significant findings, procedures performed / treatment rendered, and any complications: \*\*\*
  - COMPLICATIONS DURING ADMISSION  
Complication(s) During Admission: None
  - CONDITION AT DISCHARGE  
Condition at Discharge: Stable
  - DISCHARGE DISPOSITION  
Discharge To: Home

*Tobacco Cessation Referrals (at discharge)*

## AFTER VISIT SUMMARY

The AVS will print out updated Smoking Cessation Advice for every patient.

### Smoking Status

Smoking Status  
Current Every Day Smoker

### Smoking Cessation

If you use tobacco or are exposed to smoke, you can get free help and information.

UC Davis offers a free two-hour in-person smoking cessation workshop. Our website also hosts a free web-based interactive video on smoking cessation. Call 916-734-0718 or go to [livinghealthy.ucdavis.edu](http://livinghealthy.ucdavis.edu).

The California Smokers' Helpline at UC San Diego provides free telephone counseling and information. Call 1-800-662-8887 or go to [www.nobutts.org](http://www.nobutts.org). Multiple language lines available: Spanish 1-800-456-6386, Chinese 1-800-838-8917, Vietnamese 1-800-778-8440, Korean 1-800-556-5564.

Go to [www.ucquits.com](http://www.ucquits.com) to find more patient and provider information about tobacco cessation and at UCDMC.

*When this document is published as final, both boxes are checked, archive as the final. The declarations below are removed before creating the .pdf version for distribution.*

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